

ABD John Fraser COVID 19 Social Distance Rules & Guidelines April 11, 2021

Rules and Guidelines will strongly be enforced, no exceptions, please read:

- Pre Registration Only (online or mailed)
- Bib numbers mailed.
- No day of registration. No numbers given day of event.
- ABR Membership purchase online.
- Social distance at parking area, wear masked near other people.
- Masked Start and Finish Timers.
- 6 foot wait lines before start line.
- Racers may only show at start line 10 minutes before assigned start time.
- Masked corner and turn around marshals.
- Finish times posted online with start list.
- Medals, Prizes, Cash Awards mailed or available at next MATTS event (April 11 RRM 20k).

ABD letter to be included with race number mailed to riders:

Welcome to the first MATTS event of 2021. We are glad to be back! Getting permits has been difficult because of COVID. We are asking your help by showing that the participants will follow the plan that was approved in our permit. Maximum of 5 riders at the start line. 6 ft apart. DO NOT show up to the start line before 10 minutes of your start time, you will be disqualified if you do.

For all future MATTS 2021, if you want to race twice or have special requests, it is very important you register early.

Lastly, you are required to have an ABR License to participate, If you have not done so already, go to the start list and click on the link.

Thank you