2022 Rock River MultiSport 20K©

Sunday, April 24 & August 28, 9am start – 2 minute intervals

Deer Run Forest Preserve, 5691 River Rd, Cherry Valley, IL 61016

http://www.rockrivermultisport.com/

RACE CLASSES:

Standard Road or TT Bike
Ability Categories
Cat.1-2
Cat -3
Cat 4-5
Women Cat 1-2
Women Cat 3
Women 4-5
Men & Women
Age Categories
Juniors 14 and under
Juniors 15-18
19-29
30-39
40-49
50-54
55-59
60-64
65-69
70-74
75-79
80-84
85-89
90+
Tandem/Recumbent/HPV
Single Speed
Eddy Merckx (non aero)

COURSE: **20 Kilometer** out and back course. Start line is at Deer Run Forest Preserve. From start line ride South for 3mi. then turn right onto Fairdale Rd./East Line Rd for 5.5 miles. Turn around at mark and return on same course to the finish line.
Course Marshall at turn & turn around
Cherry Valley 20k TT - https://www.strava.com/routes/28937060

AWARDS:

MATTS Points towards season overall prizes
Medals awarded five (5) deep in all classes,
Overall Fastest Riders: Fastest times of day cash awards:
(1st $30, 2nd $25, 3rd $20, 4th $15, 5th $10, 6th $10)
Overall Female Riders: Fastest times of day cash awards:
(1st $25, 2nd $20, 3rd $15)
Overall Junior Riders: Fastest times of day cash awards:
(1st $15, 2nd $10, 3rd $5)
Prizes available at TT or pick up at next MATTS TT.

REGISTRATION:

Entry Fee: Pre-registration: Adults **$25**. Juniors 18 & under **$5.**
Race 2nd time to compete in 2nd race class or for a faster time **$10.**
Online registration at: www.bikereg.com closes April 20.
Day of Event: Opens at 8:00am at Deer Run Forest Preserve, rear picnic area.

By Mail: Submit ABR Release Form with entry fee *payable to*:
Rock River Multisport
Mail to: Rick Green - 8839 Greenfield Dr., Belvidere, IL. 61008
ABR-American Bicycle Racing membership required. Annual **$25**, Junior **$10**, One day **$5** Purchase online at: ABR membership getmeregistered.com

Start list here:
Apr 24: https://docs.google.com/spreadsheets/d/1bLTYFANHRtIZWrSStwV47B4DenwVty4nQg3nUzI0PP0/edit?usp=sharing

Aug 28: https://docs.google.com/spreadsheets/d/1FPWf0pg3rCZ9eMDUdwjaMcOpq6tGieJUasYx96bDGdI/edit?usp=sharing

Questions: Email: Rick Green, rgreen3591@gmail.com or text 815-621-6030

Guidelines:
- Pit toilets open at back of Preserve parking lot.
- Rider numbers pick up at event.
- Start, Finish, Arrows, Turnaround signs posted.
- Official will give start countdown for each rider.
- Start line with 6 foot wait line markers at start area.
- Official Timer at finish line.

DIRECTIONS: Cherry Valley is located Southeast of Rockford. From Chicago or Madison take I-90 (toll) or I-39 to Hwy 20 (not business 20). East on Hwy 20, turn right onto Mill Rd then left on E State Rd, East on E. State Rd, right onto Walnut St, left onto Genoa St, a mile to right on River Rd., River Rd to Deer Run Forest Preserve.